



SMASHED FRESH. SERVED DELICIOUS.™

ALLERGEN INFORMATION

U.S. LOCATIONS ONLY

This guide lists each core menu item as written on Page 1, and each individual ingredient information on Page 2. Regional items start on Page 3. Please refer to the individual ingredients on page 2, to Create Your Own or modify your burger, chicken sandwich, or salad recipe to avoid specific allergens. **Many items at Smashburger are prepared using real butter. The information below reflects the dairy allergen, when applicable.**

	Core Menu	Egg	Milk/Dairy	Fish	Shellfish	Peanut	Tree Nut	Wheat/Gluten	Soy	
BURGERS	Avocado Club	●	●				⊙	●	●	
	Avocado Ranch	●	●				⊙	●	●	
	BBQ Bacon Cheddar	●	●				⊙	●	●	
	Bacon Cheese	○	●				⊙	●	●	
	Buffalo & Blue Cheese	●	●				⊙	●	●	
	Classic	●	●				⊙	●	●	
	Spicy Baja	●	●				⊙	●	●	
	Spicy Baja Black Bean	●	●				⊙	●	●	
	Spinach, Cucumber & Goat Cheese	○	●				⊙	●	●	
	Truffle Mushroom & Swiss	●	●				⊙	●	●	
CHICKEN	All chicken items listed are grilled. If substituting a crispy chicken patty, the patty contains egg, milk, wheat and soy allergens.									
	Avocado Club	●	●				⊙	●	●	
	Avocado Ranch	●	●				⊙	●	●	
	BBQ Bacon Cheddar	●	●				⊙	●	●	
	Bacon Cheese	○	●				⊙	●	●	
	Buffalo & Blue Cheese	●	●				⊙	●	●	
	Classic	●	●				⊙	●	●	
	Spicy Baja	●	●				⊙	●	●	
	Spinach, Cucumber & Goat	○	●				⊙	●	●	
	Truffle Mushroom & Swiss	●	●				⊙	●	●	
SALADS	Salads do not include any protein options (grilled or crispy chicken). Dressings are listed separately.									
	Baja Cobb	○	●							
	Classic Cobb	●	●							
	Garden, Side		●							
	Harvest		●			●	●			
	Spinach, Cucumber & Goat		●			●	●			
	Dressing Choices									
	Balsamic Vinaigrette								●	
	Blue Cheese	●	●						●	
	BBQ Sauce									
Ranch Dressing	●	●								
Spicy Chipotle Dressing	●									
Protein Options										
Add Grilled Chicken	○	●							○	
Add Crispy Chicken	●	●						●	●	
KIDS	Chicken Strips	●	●					●	●	
	Hot Dog	○	●				⊙	●	●	
	Kid's Smash	○	●				⊙	●	●	
	Grilled Cheese	○	●				⊙	●	●	
SIDES	French Fries	○	○					○	○	
	Fried Pickles	●	●					●	●	
	Haystacks	●	●					●	●	
	Smash Fries	○	○					○	●	
	Spicy Buffalo Fries	○	○					○	○	
	Sweet Potato Fries	○	○					○	○	
	Sweet Potato Smash Fries	○	○					○	●	
	Veggie Frites	○	●					○	○	
	Sauces									
	Ranch Dressing	●	●							
Spicy Chipotle Dressing	●									
Texas Petal	●									
SHAKES	Malt Powder may be added to any milkshake. Our malt powder contains Wheat/Gluten and Milk allergens									
	Butterfinger Milkshake	●	●			●	⊙	⊙	●	
	Chocolate Milkshake	●	●			⊙	⊙	⊙	⊙	
	Chocolate Oreo Milkshake	●	●			○	○	●	●	
	Nutterbutter Milkshake	●	●			●	●	●	●	
	Oreo Milkshake	●	●			○	○	●	●	
	Salted Caramel	●	●			⊙	⊙	⊙	⊙	
	Strawberry Milkshake	●	●			⊙	⊙	⊙	⊙	
	Vanilla Milkshake	●	●			⊙	⊙	⊙	⊙	
BEVERAGES	Coke									
	Coke Zero									
	Diet Coke									
	Diet Dr. Pepper									
	Dr. Pepper									
	Fanta Orange									
	Vitamin Water XXX									
	Minute Maid									
	Minute Maid Lite									
	Sprite									
Honest Tea, All Flavors										

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Create Your Own*		Egg	Milk/Dairy	Fish	Shellfish	Peanut	Tree Nut	Wheat/Gluten	Soy
All breads/buns are prepared toasted with real butter. Butter contains Milk/Dairy. Value below does not reflect added butter.									
BREAD (Toasted with butter)	Bread, White	⊙	○				⊙	●	○
	Bun, Chipotle	⊙	○				⊙	●	●
	Bun, Egg	⊙	○				⊙	●	●
	Bun, Multi Grain	⊙	○				⊙	●	○
	Bun, Gluten Free	●	○				⊙	○	○
	Bun, Hot Dog	⊙	●				⊙	●	●
PROTEIN (Grilled with butter)	Bacon	○	●					○	○
	Black Bean Patty	●	●					●	●
	Crispy Chicken	●	●					●	●
	Eggs, Shell	●	●					○	○
	Grilled Chicken Breast	○	●					○	○
	Ground Beef	○	●					○	●
	Hot Dog	○	●					○	○
CHEESE	Cheese, American		●						
	Cheese, Bar Cheddar		●						
	Cheese, Bleu		●						
	Cheese, Cheddar Shredded		●						
	Cheese, Cheddar Sliced		●						
	Cheese, Goat		●						
	Cheese, Pepper Jack		●						
	Cheese, Swiss		●						
PRODUCE	Produce, Anaheim Chiles								
	Produce, Arugula								
	Produce, Avocado								
	Produce, Carrot								
	Produce, Cilantro								
	Produce, Cucumbers								
	Produce, Green Bean								
	Produce, Green Chiles								
	Produce, Green Leaf								
	Produce, Iceberg Lettuce								
	Produce, Jalapenos								
	Produce, Lemons								
	Produce, Limes								
	Produce, Mushrooms								
	Produce, Pickles								
	Produce, Red Onion								
	Produce, Romaine Lettuce								
Produce, Spinach									
Produce, Tomato									
Produce, Yellow Onion									
DRESSINGS / SAUCES	Dressing, Balsamic								●
	Dressing, Spicy Chipotle	●							
	Dressing, Ranch	●	●						
	Ketchup								
	Mayonnaise	●							
	Mustard, Spicy Brown								
	Mustard, Yellow								
	Relish								
	Sauce, A-1								
	Sauce, BBQ								
	Sauce, Smash	●							
Sauce, Texas Petal	●								
TOPPINGS	Fried Egg, Grilled w Butter	●	●						○
	Fried Pickles	●	●					●	●
	Garlic Mushrooms, Grilled w Butter	○	●						○
	Grilled Onions, Grilled w	○	●						○
	Guacamole								
	Haystacks	●	●					●	●

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*Some items may not be available 2.2015



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Regional Items*	Egg	Milk/Dairy	Fish	Shellfish	Peanut	Tree Nut	Wheat/Gluten	Soy
Arizona	●	●				⊙	●	●
Avocado Swiss Veggie	●	●				⊙	●	●
Bay	●	●				⊙	●	●
Beehive	●	●				⊙	●	●
Bluegrass	●	●				⊙	●	●
Bronco	●	●				⊙	●	●
Brooklyn	○	●				⊙	●	●
Buckeye	●	●				⊙	●	●
Calgary	●	●				⊙	●	●
Capitol	●	●				⊙	●	●
Carolina	○	●				⊙	●	●
Central Florida	●	●				⊙	●	●
Cherry BBQ Bacon Cheese	●	●				⊙	●	●
Colorado	●	●				⊙	●	●
Constitution	●	●				●	●	●
Dixie	●	●				⊙	●	●
Fort Bliss	●	●				⊙	●	●
Georgia	○	●				⊙	●	●
Husker	●	●				⊙	●	●
Iowa	●	●				⊙	●	●
Jalapeno BBQ	●	●				⊙	●	●
Kansas City	●	●				⊙	●	●
LA Burger	●	●				⊙	●	●
Louisiana	○	●				⊙	●	●
Miami	●	●				⊙	●	●
Michigan Olive	●	●				⊙	●	●
Motor City	●	●				⊙	●	●
New Englander	○	●				⊙	●	●
New Jersey	●	●				⊙	●	●
New Yorker	●	●				⊙	●	●
NOLA	●	●				⊙	●	●
NorCal	●	●				⊙	●	●
North Dakota	●	●				⊙	●	●
O.C.	●	●				⊙	●	●
Oklahoma	●	●				⊙	●	●
Philly	●	●				⊙	●	●
San Diego	●	●				⊙	●	●
Sin City	●	●				⊙	●	●
St. Louis	○	●				⊙	●	●
Sunshine	●	●				⊙	●	●
Tennessee	○	●				⊙	●	●
Texas	○	●				⊙	●	●
Texas Jalapeno BBQ	●	●				⊙	●	●
Twin Cities	●	●				⊙	●	●
Windy City	●	●				⊙	●	●
Wisconsin	○	●				⊙	●	●

BURGERS

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All chicken items listed are grilled. If substituting a crispy chicken patty, the patty contains egg, milk, wheat & soy allergens.								
CHICKEN	Arizona	●	●			⊙	●	●
	BBQ Ranch	●	●			⊙	●	●
	Bay	●	●			⊙	●	●
	Beehive	●	●			⊙	●	●
	Bluegrass	●	●			⊙	●	●
	Bronco	●	●			⊙	●	●
	Brooklyn	○	●			⊙	●	●
	Buckeye	●	●			⊙	●	●
	Buffalo	●	●			⊙	●	●
	Calgary	●	●			⊙	●	●
	Capitol	●	●			⊙	●	●
	Carolina	○	●			⊙	●	●
	Central Florida	●	●			⊙	●	●
	Cherry BBQ Bacon Cheese	●	●			⊙	●	●
	Chicken Tender Meal	●	●			⊙	●	●
	Colorado	●	●			⊙	●	●
	Constitution	●	●			⊙	●	●
	Dixie	●	●			⊙	●	●
	Fort Bliss	●	●			⊙	●	●
	San Diego	●	●			⊙	●	●
	Georgia	○	●			⊙	●	●
	Husker	●	●			⊙	●	●
	Iowa	●	●			⊙	●	●
	Jalapeno BBQ	●	●			⊙	●	●
	Kansas City	●	●			⊙	●	●
	LA Burger	●	●			⊙	●	●
	Louisiana	○	●			⊙	●	●
	Mediterranean	○	●			⊙	●	●
	Miami	●	●			⊙	●	●
	Michigan Olive	●	●			⊙	●	●
	Motor City	●	●			⊙	●	●
	New Englander	○	●			⊙	●	●
	New Jersey	●	●			⊙	●	●
	New Yorker	●	●			⊙	●	●
NOLA	●	●			⊙	●	●	
NorCal	●	●			⊙	●	●	
North Dakota	●	●			⊙	●	●	
O.C.	●	●			⊙	●	●	
Oklahoma	●	●			⊙	●	●	
Philly	●	●			⊙	●	●	
Sin City	●	●			⊙	●	●	
St. Louis	○	●			⊙	●	●	
Sunshine	●	●			⊙	●	●	
Tennessee	○	●			⊙	●	●	
Texas	○	●			⊙	●	●	
Texas Jalapeno BBQ	●	●			⊙	●	●	
Twin Cities	●	●			⊙	●	●	
Windy City	●	●			⊙	●	●	
Wisconsin	○	●			⊙	●	●	

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SALADS	Salads do not include any protein options (grilled or crispy chicken). Dressings are listed separately.								
	BBQ Ranch	●	●					●	●
	Dressings								
	Balsamic Vinaigrette								●
	BBQ								
	Honey Mustard	●							●
	Ranch	●	●						●
	Spicy Chipotle	●							●
	Tzatziki Sauce		●						
	Protein Options								
Add Grilled Chicken	○	●							○
Add Crispy Chicken	●	●					●		●
SIDES	Brunswick Fries	○	●					○	○
	Cajun Fries	○	○					○	○
	Debris Fries	○	●					○	●
	Fried Banana Peppers	●	●					●	●
	Fried Green Chiles	●	●					●	●
	Fried Green Tomatoes	●	●					●	●
	Fried Jalapenos	●	●					●	●
	Poutine Fries	○	●					○	○
	Wisconsin Fried Cheese Curds	○	●					●	○
SHAKES	Malt Powder may be added to any milkshake. Smashburger malt powder contains Wheat/Gluten and Milk allergens.								
	Chai Milkshake	●	●			○	○	○	○
	Goey Butter Cake Milkshake	●	●			○	○	●	●
	Grasshopper Milkshake	●	●			○	○	○	○
	Huckleberry Milkshake	●	●			○	○	○	○
	Michigan Cherry Milkshake	●	●			○	○	○	○
	Orange Cream Milkshake	●	●			○	○	○	○
	Peach Milkshake	●	●			○	○	●	●

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